

James River Day School Athletics

Code of Conduct

Participation in athletics at JRDS is a privilege, and appropriate conduct by the student /athlete is expected at all times. Failure to follow any athletic or school rules may result in suspension from practice or games or loss of playing time. Repeated violations may result in dismissal from the team. The handling of any violations shall be at the coach's and the Athletic Director's discretion.

Rules of Conduct

- *I will follow all school rules and athletic guidelines stated in the JRDS Student Handbook.
- *I will attend all practices and games unless excused by the coach or Athletic Director.
- *I will give 100% effort and focus in practice and games.
- *I will practice and play with sportsmanship and represent JRDS with class at all times.
- *I will be respectful and positive with teammates.
- *I will be respectful, and cooperative, and I will follow instructions giving by the coaching staff.
- *I will be respectful and cooperative with all officials.
- *I will show respect for other teams, coaches, spectators, and facilities.
- *I will show respect and support for **all** JRDS athletic teams.
- *I will display great school spirit and pride in representing JRDS athletics.

I have read the above Code of Conduct and agree to abide by the rules while participating in JRDS athletics.

Athlete/Student Signature: _____

Parent Signature: _____

Date: _____

GO CARDINALS!